UR Medicine’s Pediatric Behavioral Health & Wellness outpatient clinic is excited to announce a new partnership with Wheatland Chili School District, providing behavioral health services within a convenient school-based setting. This new partnership will allow Wheatland Chili students and families to receive counseling services directly within the school setting, from clinicians based at our main East River Road location. Services provided include, but are not limited to, behavioral and parenting concerns, adjustment issues during times of family transition and stress, treatment of anxiety and depression, as well as other mental health concerns. Group therapy, psychological testing services, substance-use services, and medication consultation will also be available, if needed, at our main locations at 200 East River Road.

Our School-Based Visits Include:

- Outpatient Mental Health Services for children from pre-kindergarten to 18 years
- General Services
  - Diagnostic Assessment
  - Individual Therapy
  - Parent Consultation
  - Family Therapy
- School Consultation
  - School-based services & consultation
  - Collaboration with school administrators, counselors, & teachers

Additional Services at 200 East River Road Include:

- Psychiatric and Medication Consultation Service
  - Assessment & Consultation
  - Treatment and Management
- Group Therapy Program
  - Social Skills Groups for Children and Adolescents with and without Autism Spectrum Disorders
  - Problem Specific, Short-Term Groups for Children and Adolescents
  - DBT Emotion Regulation and Distress Tolerance Groups for Adolescents and their Parents
- Substance use services
- Psychological Testing Service

School-Based Visits: Once a child or adolescent is accepted for services, a diagnostic assessment is conducted in order to understand the child’s strengths and areas of concern. Recommendations are carefully reviewed with the parent or legal guardian and the child. Recommendations may include one or more of the following services: individual, family, group or medication therapy, parent consultation, school consultation, and/or psychological testing. Services are selected to address specific treatment goals. Progress toward these goals is monitored closely and discussed with the parents or legal guardians. Our mental health specialists are committed to providing the highest quality of care to each child and family. We work closely with the child, family, school personnel, primary care provider, and others to ensure that assessment and treatment are clinically appropriate and comprehensive.

Contact: If interested in services, please discuss with your school counselor. Alternatively, you can reach out directly to our intake team at 279-7800.

Payment: If you have questions about insurance coverage, co-payments, financial assistance, or billing, you may contact our financial support person at (585) 279-7826.